



# NUTRITION RESOURCES

## from St. Clair County

### MSU Extension



**PHONE CONTACTS** for Nutrition, Food Safety, Food Preservation like canning, freezing and drying call:

- Oakland County MSU Extension HOT LINE  
(248) 858-0904 or (888) 350-0900 ext. 80904
- Ask Karen (a USDA resource) (888) 674-6654

#### Food Preservation **WEBSITES:**

1. MSU Extension, [www.msue.msu.edu](http://www.msue.msu.edu)
2. National Center for Home Food Preservation, [www.homefoodpreservation.org](http://www.homefoodpreservation.org)
3. Kansas State Extension Food Safety, [www.ksre.ksu.edu/foodsafety/DesktopDefault.aspx](http://www.ksre.ksu.edu/foodsafety/DesktopDefault.aspx)
4. The University of Georgia Cooperative Extension, [www.fcs.uga.edu/ext/food/safety.php](http://www.fcs.uga.edu/ext/food/safety.php)
5. The University of Maine Cooperative Extension, <http://www.umext.maine.edu/foodpreservation/canning.htm>
6. University of Nebraska, Lancaster County, <http://lancaster.unl.edu/food/foodpres.shtml>
7. Purdue Extension, **Preserving and Storing Food**, [www.extension.purdue.edu/store/](http://www.extension.purdue.edu/store/)
8. Ohio State University Extension, [http://extension.osu.edu/health\\_and\\_nutrition/food\\_preservation.php](http://extension.osu.edu/health_and_nutrition/food_preservation.php)

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